

Crockpot Super Side

Prep: 10 mins
Cook: 2-3 hours



Serves: 10



Ingredients:

- 1 bag dried lentils
- 4-5 large carrots, diced
- 2 onions, diced
- 2 cups of kale, chopped
- (2) 32 oz containers of chicken, beef, or vegetable broth
- 1 tbs of minced garlic
- 1 tbs salt
- 2 tsp pepper



Follow these 3 easy steps:



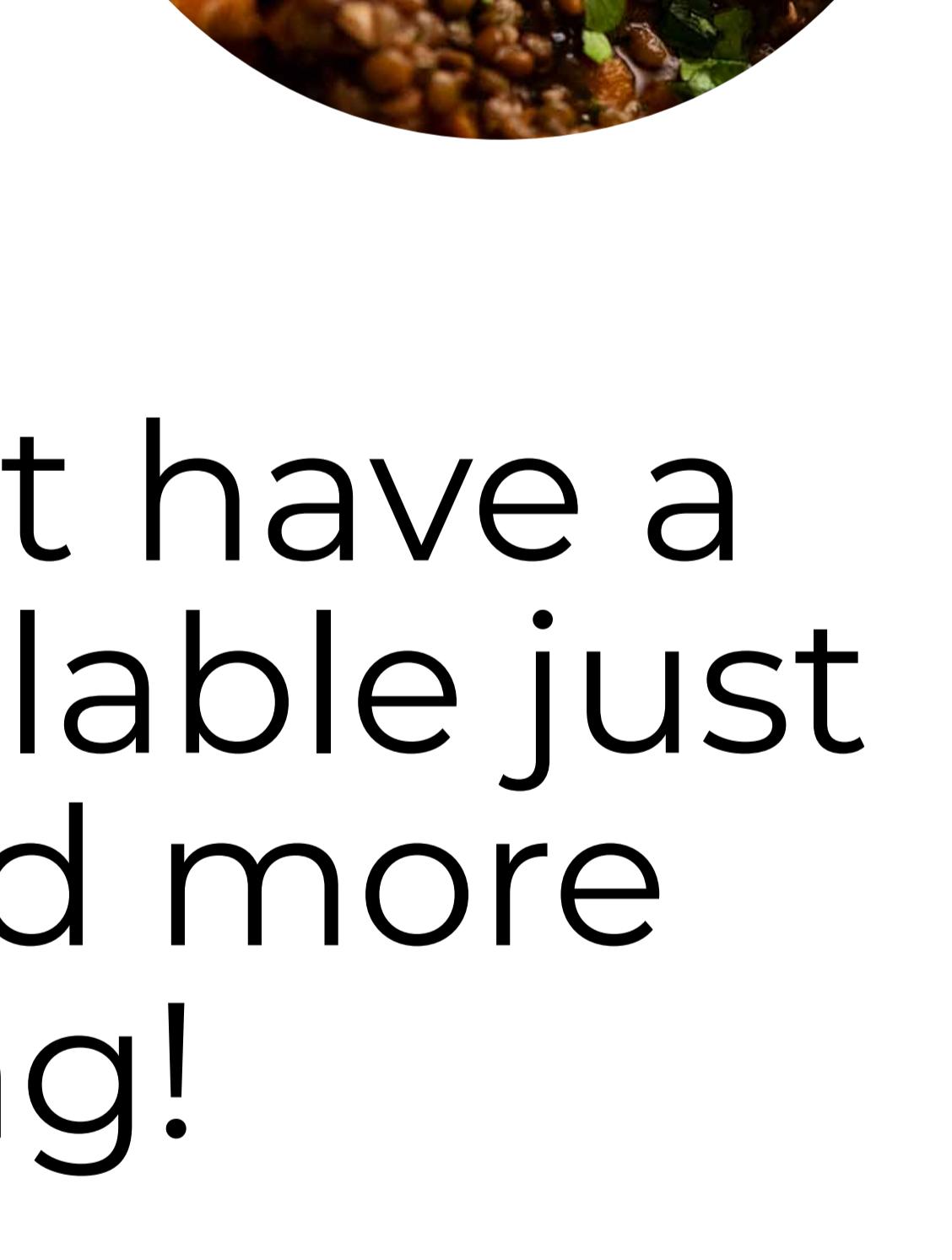
1

Add diced onions to a large skillet with 1-2 tsp of olive oil. Sauté until slightly brown.



2

Add onions into a large crockpot along with the bag of lentils (make sure lentils are washed first), your choice of broth, carrots, and kale. Stir in salt, pepper, and garlic.



3

Cook on high for 2-3 hours or until beans and carrots are cooked thoroughly. Make for a gathering or move to a large dish to eat for the week!

And voila! It's done!

Tip: If you don't have a lot of broth available just add water and more seasoning!