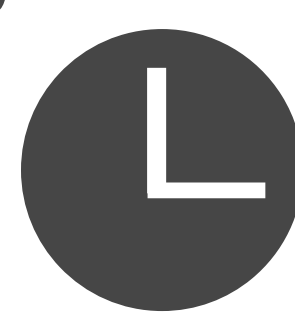




Vegetarian Mexican Sweet Potatoes



Prep: 10
Cook: 10



Serves: 4

Ingredients:

- 2-4 Sweet Potatoes
- Butter
- Taco Seasoning
- Salt and Pepper
- Black Beans
- Avocados- Cubed
- Lettuce
- Reduced Fat Mexican Cheese
- Greek Yogurt or Light Sour Cream
- Diced Tomatoes
- Salsa
- Cilantro



Follow these 4 easy steps:



1

1. Take 2-4 regular sized sweet potatoes and wash thoroughly. Poke 5-10 holes all around each one. Microwave each potato separately for 2.5 minutes on one side, flip and microwave the other side for another 2.5 minutes. Take out and cut in half longways.



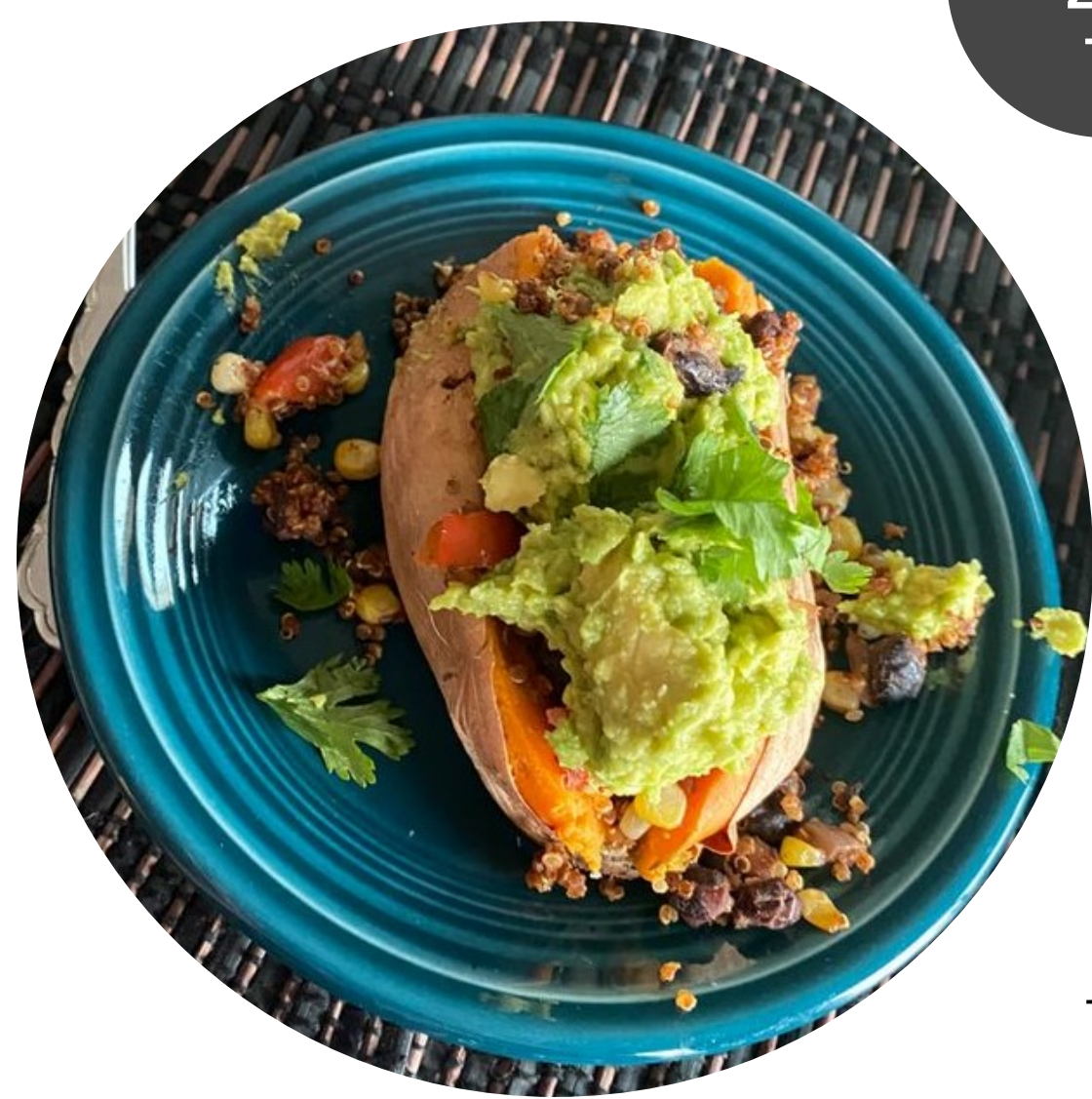
2

Spread butter on top and sprinkle on taco seasoning and salt and pepper to your liking.



3

Begin topping! Add your favorite toppings such as black beans, avocado, lettuce, cheese, Greek yogurt or light sour cream, tomatoes, salsa, and cilantro



4

Enjoy!

And voila! It's done!



Thank you Kerner family for the great recipe!